# Start Smart & Little Tykes Parent/Tot Classes

Parent and child will work and play together as a variety of different sports will be offered.



# LITTLE TYKES MULTI-SPORTS

This class will introduce a variety of sports using drills, while teaching techniques and fundamentals in a nurturing environment. Sports include: baseball, soccer, track & field events, flag football, bean bags, and kick ball. Parents will actively participate with their child enhancing the experience. #21-1-3753A, #21-1-3753B, #21-1-3753C

Fridays, March 12 - April 2 5:15-6pm, 6:15-7pm, 7:15-8pm \$50/\$55

Kathy Green Multi-Purpose Center Gym (Parent/Child Ages 3-5, 4-7, 6-9)

#### **START SMART TENNIS**

Start Smart Tennis teaches children the basic motor skills necessary to play organized tennis as they work one-on-one while spending quality time with their parents. The program focuses on teaching children, and their parents, skills in ground strokes, serving, volleying, and running/agility without the threat of competition or the fear of getting hurt. Each week the exercises become increasingly more difficult as the class progresses and the children show improvement. Weather permitting, we will use outside courts. Age appropriate equipment is included in fee. Each pair will receive one sports kit to use and keep after class.

Thursdays, May 6 - May 27 5:30-6:30pm \$80/\$90

Kathy Green Multi-Purpose Center Gym (Parent/Child Ages 5-7)



#### **START SMART SOCCER**

Start Smart Soccer is a developmentally appropriate introductory soccer program for children 3-5 years old. The program prepares children for organized soccer in a fun non-threatening environment. Start Smart Soccer prepares children and their parents for organized soccer without the threat of competition or the fear of getting hurt. Age-appropriate soccer equipment from Franklin Sports® and Kwik Goal® is used to teach kicking, dribbling, trapping, throw ins, and agility. Each pair will receive one sports kit to use and keep

#21-2-3081B Mondays, April 5 - April 26

**5:15-6pm \$80/**\$90

Kathy Green Multi-Purpose Center East Gym (Parent/Child Ages 3-5)

## LITTLE TYKES SOCCER

Explore the basic rules and skills of soccer including dribbling, trapping, throw-ins, and agility. Team play will also be explored. This class will be good for the new player and helpful review for someone who has played a season. An adult will actively participate with a child as the coaches lead the instruction and drills.

#21-2-3754

Mondays, April 5 - April 26 6:30-7:15pm \$50/\$55

Kathy Green Multi-Purpose Center Gym (Parent/Child Ages 4-9)



## START SMART BASEBALL

Start Smart Baseball is a developmentally appropriate introductory baseball program for children 3-5 years old. Start Smart Baseball prepares children and their parents for organized baseball and softball without the threat of competition or the fear of getting hurt. Age-appropriate equipment from Franklin Sports® and Hasbro® is used to teach throwing, catching, batting, running, and agility. Each pair will receive one sports kit to use and keep after class.

#21-2-3080B

Fridays, April 9 - April 30 5:15-6pm \$80/\$90

Kathy Green Multi-Purpose Center East Gym (Parent/Child Ages 3-5)

#### LITTLE TYKES T-BALL

This class will introduce your child to the game of t-ball while learning the basic rules. Whether they are beginners or need to learn the skills to get to the next level, this class teaches the basic skills of catching, throwing, fielding, and batting. An adult must actively participate with child.

#21-2-3752B

Fridays, April 9 - April 30 6:30-7:15pm \$50/\$55

Kathy Green Multi-Purpose Center East Gym (Parent/Child Ages 4-8)

