



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Cheeseburger/Garlic Toast</b> 4 30g Potato Wedges 17g Apple Slices 9g Milk W 11g/C 19g	<b>Ham/Cheese/Flatbread</b> 4 30g Mini Pepper/Ranch 7g Grapes 14g Milk W 11g/ C 19	<b>Pepperoni Pizza</b> 5 42 g Green Beans 9 g 100% Juice Milk W 11g/ C19	<b>Turkey Sandwich</b> 6 Cherry Tomatoes/Ranch 5g Fresh Peach Milk W 11g/ C 19	<b>Hot Dog/Bun</b> 7 29g Baked Beans 27g Cantaloupe 6.5g Milk W 11g/ C 19g
	<b>Turkey/Cheese/Wrap</b> 11 Lettuce/Tomatoes/Pickle 6g Diced Peach 12 g Milk W 11g/ C 19g	<b>Beef/Bean Burrito</b> 12 36g Hot Corn 21g Watermelon 5.5g Milk W 11g/ C 19g	<b>Salad/Chicken/Cheese</b> 8g 3 Cornbread 27g Cucumbers/ Ranch 4g Apple Sauce 13g Milk W 11g/ 19g	<b>Cheese Pizza</b> 14 23.60 g Hot Carrots 7g Diced Pears 14 g Milk 11g/ C 19g
<b>Taco/Cheese/Tortilla</b> 17 22g Lettuce/Tomatoes/Sauce 6g Churro Beans 15g Mango/Tajin 10.5g Milk W 11g/ C 19g	<b>Italian Grinder Sandwich</b> 18 44g Carrots/Ranch 10g Diced Peaches 12g Milk W 11g/ C 19g	<b>Pasta/Meat Sauce</b> 19 55g Side Salad/Ranch 6g Grapes 14g Milk W 11g/ C 19g	<b>Turkey Stick/Cheese Stick</b> 20 1g Abby Cookies 19g Cheese Puff 13g Celery Stick/Ranch 4.25g Apple Slices 9g Milk W 11g/ C 19g	<b>Sausage Pizza Puff</b> 21 50g Tatar Tots 26.28g (2) Cuties 9g Milk W 11g/ C 19g
<b>Corn Dog</b> 24 30g Mixed Veg 17.27g Mandarin Oranges 12g Milk W 11g/ C 19g	<b>Fun on the Run!</b> 25 Yogurt/String Cheese 20g Muffin 26g Apple Slices 9g Baby Carrots/Ranch 8g Milk W 11g/ C 19g	<b>Sloppy Joe/Bun</b> 26 35g Hot Broccoli 4.53 g Honeydew 10.5g Milk W 11g/ C 19g	<b>Salad/Turkey/Cheese</b> 27 8g Cucumbers/Ranch 4g Diced Pineapples 22g Milk W 11g/ C 19g	<b>Grilled Cheese</b> 28 28g Tomato Soup 20g Strawberries 8g Milk W 11g/ C 19g



Food Allergies & Intolerances are only accommodated with Physical documentation, per the Illinois State Board of Education. Any accommodations need to be approved by Laraway Food Service Director in partnership with Laraway School Nurse. Pre-K, Kindergarten, and First grade students are provided a free snack daily. Our menus adhere to Nutrition guidelines set by USDA. We reserve the right to alter the menu, based on availability or quality concerns. WG=Whole Grain rich meal component. Fresh Fruit= a possible serving of fresh apple, oranges, banana, pear, berries, grapes and melon. This institution is prohibited from discrimination on basis of race, color, national origin, sex age or disability. Questions or Comments regarding menu, please contact: Angela Crowder (815)727-5196 or acrowder@laraway70c.org In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form PDF Document (AD-3027) found online at <https://www.ascr.usda.gov/how-to-file-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: 1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW 2) Fax: (202) 690-7442; or 3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov) This institution is an equal opportunity provider. Nutritional information is provided as a courtesy, Laraway CCSD 70C can't guarantee its accuracy.