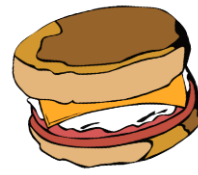





Laraway CCSD 70C K-8 Breakfast Menu September 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>No School</p>  <p>Monday, 9-3-18</p>	<p>September 4th</p> <p>WG Muffin, Whole Apple, Yogurt Tube, Choice of Milk</p>	<p>Sept. 5th</p> <p>WG Cinnamon Roll, Fresh Pear, Choice of Milk</p>	<p>Sept. 6th</p> <p>WG Cereal, Fresh Banana, Choice of Milk</p>	<p>Sept 7th</p> <p>Egg & cheese Wrap (WG) Fresh Berries, Choice of Milk</p>
<p>Sept. 10th</p> <p>WG Pancakes with Syrup Fresh Pear, Choice of Milk</p>	<p>Sept 11th</p> <p>WG Graham Crackers, Banana, Cheese Stick, Choice of Milk</p>	<p>Sept 12th</p> <p>WG Sausage-egg-cheese Crossiant, *Fresh Fruit, Choice of Milk</p>	<p>Sept 13th</p> <p>Flavored Greek Yogurt, WG Vanilla Grahams, Cut Melon, Choice of Milk</p>	<p>Sept 14th</p> <p>WG Cereal, Fresh Pear, Choice of Milk</p>
<p>Sept. 17th</p> <p>WG Glazed Donut, Whole apple, Choice of Milk</p>	<p>Sept 18th</p> <p>WG Biscuit with Honey, Cheese/Grapes snack pack, 100% juice, Choice of Milk</p>	<p>Sept 19th</p> <p>Egg & cheese Wrap (WG) *Fresh Fruit, Choice of Milk</p>	<p>Sept. 20th</p> <p>WG Muffin, Whole Apple, Yogurt Tube, Choice of Milk</p>	<p><u>Sept. 21st</u></p> <p>Early Release 11:30 a.m.</p> <p>NO SCHOOL PRE-K</p>  <p>Flavored Greek Yogurt, WG Vanilla Grahams, *Fresh Fruit, Choice of Milk, (1% white Milk for Pre-k)</p>
<p>Sept 24th</p> <p>WG Graham Crackers, Cut Melon, Cheese Stick, Choice of Milk</p>	<p>Sept 25th</p> <p>WG French Toast with Syrup, Fresh Banana, Choice of Milk</p>	<p>Sept 26th</p> <p>WG Cereal, Fresh Pear Choice of Milk</p>	<p>Sept 27th</p> <p>WG Sausage-egg-cheese Crossiant, *Fresh Fruit, Choice of Milk</p>	<p>Sept 28th</p> <p>WG Muffin, Whole Apple, Yogurt Tube, Choice of Milk</p>

Food Allergies/Intolerances are only accommodated with physician documents, per the Illinois state board of Education. For any Questions or Concerns regarding the Menu, please contact: Sarah Izaguirre (815)727-5196 or sizaguirre@laraway70c.org

We reserve the right to alter the menu, based on availability

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age or disability.

All Students are provided a free Breakfast daily. Our Menus adhere to Nutrition guidelines set by the USDA.

WG = Whole Grain-rich meal component
Fresh Fruit= a possible serving of fresh apple, orange, banana, pear, berries, grapes, or melon